

Happy Heart Festival 2021 Virtual Program

Friday Fun! ~ 7pm - 9pm (PST)

TIME	TOPICS & SPEAKER
6:50 PM	DJ Jason Hardy Dance Kick-Off
7:00 PM	Welcome/Opening Remarks Peanut Butter, Popeye & Larry Wood Welcome Campers!
7:10 PM	Big Kahuna & Penny Lane Introduction
7:15 PM	Keynote Speaker: The Patients Role In Creating a Quality Cardiac Center Glen Van Arsdell, MD
7:30 PM	DJ DANCE BREAK
7:35 PM	Edwards Lifesciences Virtual Tour Corgi
8:00 PM	DJ DANCE BREAK
8:05 PM	Draw Your Heart with Cobra Commander Jamil Aboulhosn, MD
8:35 PM	HEART Scavenger Hunt with Captain Awesome
8:50 PM	Heart Origami Art Class with Miss R

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Saturday School! ~ 11am - 3:30pm (PST)

TIME	TOPICS & SPEAKER
11:00 AM - 11:45 AM	Transplants - Who, What, When, Where, Why? Reshma Biniwale, MD
11:00 AM - 11:45 AM	Camp 101 for 2021 Chrissie Endler "Penny Lane" Tiffany Maisonet "T" Katrina Whalen, NP "Kit Kat" Kevin Shannon, MD "Big Kahuna" Sheree Prior "Care Bear"
11:30 AM - 12:15 PM	Navigating Telehealth with Kaiser Permanente Bertha Esquivel & Olly Beloro
12:00 PM - 12:45 PM	The Biology of COVID and What it Means for CHD Patients Dan Levi, MD
12:00 PM - 12:45 PM	Gamechangers; Advances in Treatment of Congenital Heart Disease in the Next Decade? Evan Zahn, MD
1:00 PM - 1:45 PM	Mental Health, CHD, and COVID David Highfill, LCSW
1:00 PM - 1:45 PM	The Power of Plants: Heart Healthy Nutrition Lisa Arcilla, MD
1:45 PM - 2:30 PM	Transitional Care Panel - Taking Control of Your Own Health! Nicole Antonville, RN Leigh Reardon, MD Roslyn Rivera, RN Katrina Whalen, NP
2:00 PM - 2:45 PM	Unpacking Your Child's Backpack - Stress Management Strategies Susan Carr, LMFT
2:45 PM	Kahoot Trivia & Raffle

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